

# WEEK 2

## SMALL GROUP GUIDE

# HELP!

### THE BIG IDEA

God helps us in our weakness.

### THE BIBLE

**God Calls Moses:** Exodus 3:1-14, 4:1-17;  
(Psalm 103:6-13)

### QUESTIONS

- Why did Moses run away from Egypt?
- How did God speak to Moses?
- What did God ask Moses to do and why did Moses not want to do it?
- Re-read Exodus 4:14-17. How did God help Moses in his weakness?
- What do you think is your weakness? How do you think God can help you be strong even when you're feeling weak?
- Is it easy or hard to ask for help? Why?
- Do you ask God for help? Share a time when you have asked God to help you.

### ACTIVITY

Play a game of "Charades" by acting out the blank in the following sentence: "With God, I am \_\_\_\_\_ enough." Write the following words on little pieces of paper that the kids can pull out of a container: strong, brave, fast, smart, old, tall, good, beautiful, talented.

God told Moses to tell Pharaoh that "I am Who I am" sent God. God is so great that we can't even use human words to fully describe God! Now, we might not have an epic name like God does, but we are more than enough. **God helps us in our weakness.**

### MEMORY VERSE OF THE MONTH: Psalm 121:2 (NIV)

**My help comes from the Lord, the Maker of heaven and earth.**

Looking for sign language? Go to [growcurriculum.org/Psalm121-2](http://growcurriculum.org/Psalm121-2) and get memorizing!